



Martín
LLORENS

BIOGRAPHY

Award-winning Author, International TV Host,
Motivational Speaker, Fashion, Beauty & Lifestyle Expert

An acclaimed international TV host and motivational speaker, Martín Llorens has been at the forefront inspiring and empowering the Latino community to conquer their dreams and discover the purpose of their lives through his personal journey, experience and practical advice to have a healthy body, mind and spirit.

He appears weekly as a lifestyle & fashion expert on Univision's popular morning show *Despierta America* and he is a frequent guest commentator for the red carpet biggest shows in *Mundo Hola* in Hola TV. At present, both of his popular television shows, "Hola Martín, Estilo de Vida" and "Tu Vida Más Simple" are broadcast daily in more than 16 countries, including the U.S. on Fox Life / Mundo Fox.

Martín's popularity as an international presenter has taken him to countries such as Mexico, Panamá, Costa Rica, Spain, Puerto Rico and the Dominican Republic among others presenting fashion & beauty workshops, motivational seminars, personal branding lectures and life coaching sessions. He is also an award-winning author of two best-selling books *Discover Your Style: Your Guide to Dressing Better* (Random-House Mondadori) and *Live the Life of Your Dreams* (Penguin). Martín is currently working on his third book to be launched in 2017.

With his friendly and approachable style and uplifting and practical how-to approach, Martín has developed a huge and devoted following in social and traditional media: Facebook Official Page 'Martin Llorens' and Instagram @Martin.Llorens.